

Furzton Relay

Sunday 26th July 2015 @ 2pm
Furzton Lake, Milton Keynes

Trophies for 1st, 2nd and 3rd team
Medal for all finishers



REDWAYRUNNERS.COM

General

The Redway Runners Furzton Relay is a 4-person relay held on the redways and paths around Furzton Lake. Each lap is approximately 2.5 miles and is suitable for all running abilities. It starts and finishes near the Fayre & Square family pub & restaurant at Furzton Lake, Milton Keynes, MK4 1GA where parking and toilet facilities are available. Minimum age is 17 years old on the day of the race. All profits go to the club charity of the year.

TEAM/CLUB NAME _____

HOW MANY MEN _____ AND WOMEN _____ IN YOUR TEAM?

There must be one at least one man and lady in each team to qualify for the 1st, 2nd or 3rd place trophies.

Competitor Details

TEAM CAPTAIN'S FIRST NAME _____ SURNAME _____

D.O.B. _____ MOBILE NO _____ TEL. _____

EMAIL ADDRESS _____ UKA No. _____

We will use the above information to send out the full event details, please write clearly.

RUNNER 2 NAME _____ D.O.B. _____ UKA No. _____

RUNNER 3 NAME _____ D.O.B. _____ UKA No. _____

RUNNER 4 NAME _____ D.O.B. _____ UKA No. _____

Send completed entry form to rr@redwayrunners.com

Make payment direct to the Redway Runners bank account: Sort: 301553 · Acc: 42390360

Registration closes 17th July 2015.

Information

Entry fees are £7.50 per UKA-affiliated runner and £9.50 per Non-UKA affiliated runner.

Successful entries will be notified by email within one week from receipt of entry form. Entries are allocated on a first-come, first-served basis. Team numbers are limited to 60 teams.

Full event details will be sent to the team captain via email at least 7 days before the date of the event. Registration closes on the 17th July 2015, or before if the team limit is reached, and all entries must be received by post with payment in full before this date. All entry fees are non-refundable in any circumstances.

All athletes must obey the instructions of the marshals and take extreme care at all times. No baggage facilities. No MP3 players are allowed and runners wearing MP3 players may be disqualified.

By taking part, all participants confirm that they are happy for their names and any video or photographs taken during the event to be used for publicity.

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REV: 2-2016

Race Declaration

We participate in the event entirely at our own risk. We agree not to hold the organisers, its sponsors, its employees, its volunteers or those of the race venues or the local council and its associates liable for any mishap, injury or loss caused by reason of the event.

We agree to compete in a cheerful and sportsmanlike manner and we also agree to follow instructions given by the organisers and/or officials.

We have no known medical conditions that stop them from competing and all team members have read and understood the above.

Signed by Team captain on behalf of all team members:

DATE: / /

UK Athletics race licence: Applied for

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